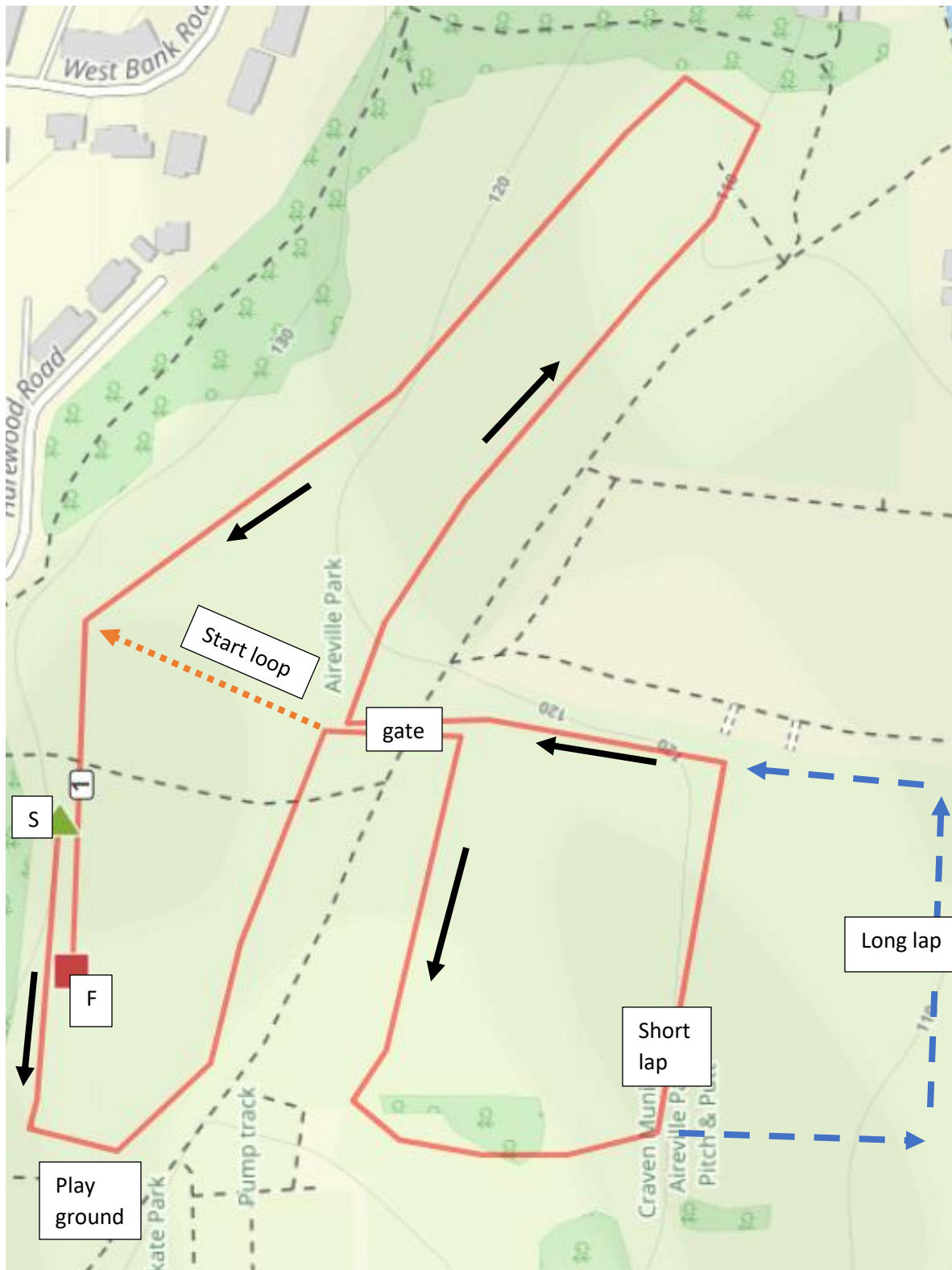




12.30 Inter Girls - start loop + 2 short laps = 3700
 12.40 Inter Boys - 1 long + 2 short laps = 4850
 1.10 Year 7 Boys - start loop + 1 short = 2150
 1.15 Year 7 Girls - start loop + 1 short = 2150

1.30 Junior Boys - start loop + 2 short laps = 3700
 1.40 Junior Girls - 2 short laps = 3100
 2.00 Senior Girls - start loop + 2 short laps = 3700
 2.06 Senior Boys - 3 long laps = 5300m,



12.30 Inter Girls - start loop + 2 short laps = 3700
 12.40 Inter Boys - 1 long + 2 short laps = 4850
 1.10 Year 7 Boys - start loop + 1 short = 2150
 1.15 Year 7 Girls - start loop + 1 short = 2150

1.30 Junior Boys - start loop + 2 short laps = 3700
 1.40 Junior Girls - 2 short laps = 3100
 2.00 Senior Girls - start loop + 2 short laps = 3700
 2.06 Senior Boys - 3 long laps = 5300m,